What is claimed is:

- 1. An adhesive sheet strip, single-sidedly or double-sidedly pressure-sensitively adhering, redetachable by extensive stretching pulling on a grip tab in the direction of the bond plane, wherein the grip tab is such that it has a static frictional force Fs of at least 170 cN.
- 2. The strip as claimed in claim 1, having the static frictional force Fs of at least 170 cN during stretching pulling for redetachment.
- 3. The strip as claimed in claim 1, having a static frictional force Fs of at least 200 cN.
- 4. The strip as claimed in claim 1, having said static frictional force Fs measured in accordance with DIN 53375.
- 5. The strip as claimed in claim 1, wherein the grip tab has said static frictional force on one or both sides.
- 6. The strip as claimed in claim 1, wherein the grip tab is coated, in particular with deformable and/or low-tack compositions.
- 7. The strip as claimed in claim 1, wherein the grip tab is coated with silicones, EVA compounds or PU compounds.
- 8. The strip as claimed in claim 1, wherein the surface of the grip tab is structured, particularly etched, ground or embossed.
- 9. The strip as claimed in claim 1, wherein the grip tab comprises an EVA or 30 PU sheet.

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10. The use of an adhesive sheet strip as claimed in any of claims 1-9 for redetachable bonding where the bond is parted by extensive stretching pulling on the grip tab in the direction of the bond plane, without slippage from the grip tab.